

INTERSTITIAL CYSTITIS

in-ter-stish-uhl si-sti'tis

Also known as IC,
Painful Bladder Syndrome,
Bladder Pain Syndrome

 **Conquering IC.
Changing Lives.**
Interstitial Cystitis Association



www.ichelp.org



Medical Alert

PLEASE GIVE
IMMEDIATE RESTROOM ACCESS
TO THE PERSON
WHO SHOWS THIS CARD

This individual has **Interstitial Cystitis/Bladder Pain Syndrome**, a chronic medical condition that sometimes causes a sudden and urgent need to urinate and intense pelvic pain.

Thank you.