

INTERSTITIAL CYSTITIS / BLADDER PAIN SYNDROME



WHAT IS IC/BPS?

Interstitial cystitis (in-ter-stish-uhl sī-stī'tīs) / bladder pain syndrome (IC/BPS) is a bladder condition that usually consists of multiple symptoms. A few of the more common symptoms are below.

SYMPTOMS



Urinary frequency

Patients with IC/BPS may experience day and/or night frequency of urination (up to 60 times a day in severe cases). In early or very mild cases, frequency is sometimes the only symptom.



Urinary urgency

The sensation of having to urinate immediately, which may also be accompanied by pain, pressure, or spasms.



Pain

Pain in lower abdominal, urethral or vaginal area. Pain is also frequently associated with sexual intercourse.

Are you experiencing any of these symptoms or has your doctor diagnosed you with IC/BPS?

