Thank you for considering supporting me!

I am breaking the silence on IC/BPS and am counting on you for your support.

This September, I’m participating in the ICA’s Pain to Purpose Virtual Event to Educate & Raise Funds for IC/BPS Awareness to support the important work of the ICA: The Interstitial Cystitis Association. Today, I am asking for your help.

IC/BPS is a chronic pain disease that is not well known by the public or even healthcare practitioners, yet more than 12 million Americans suffer from it. The primary symptom of IC/BPS is excruciating bladder pain, and secondary symptoms include urinary urgency and frequency. Many patients suffer for years without a diagnosis and miss the opportunity to make important lifestyle changes that provide relief.

The reason I support the ICA is simple. The ICA advocates for IC/BPS research on Capitol Hill, raises awareness for the condition, and serves as a central hub for the healthcare providers, researchers and millions of patients who suffer with constant urinary urgency and frequency and extreme bladder pain called IC/BPS, or interstitial cystitis/bladder pain syndrome. When you support me with a donation, you’re helping an organization that is very important to me.

The ICA is the only non-profit charitable organization dedicated solely to improving the quality of healthcare and lives of people living with IC/BPS.

I hope you’ll join me in the fight against IC/BPS by making a donation to help me reach my goal. No gift is too big or too small!

The Interstitial Cystitis Association is a 501(c)(3) charitable non-profit corporation with federal EIN# 13-3292137. Contributions are tax-deductible as described by law.